

The Superintendent and designated administrative staff and school personnel together with the LWC have operational responsibility to ensure system schools are meeting the tenets of the LWP. The duties and activities of the LWC will be provided in an SOP from the Superintendent or Division of Human Resources.

The Council Chairperson will convene the LWC at least four times each school year, facilitate development of and updates to the Local Wellness Policy (LWP) and ensure each school's compliance with the policy. The members of the LWC will perform needs assessments and sets goals utilizing CDCs assessment tools or other appropriate assessment tools. The names and contact information of the council members and meetings will be made readily available to the public. The results of each quarterly meeting shall be reported to the School Board by the Superintendent. The Superintendent will recommend to the School Board any changes suggested by the LWC.

4. SCHOOL WELLNESS COMMITTEE (SWC)

Each building principal or administrator in charge shall establish and appoint a school-level committee to be comprised of school staff, students, caregivers, and community stakeholders to support school-level Implementation of the LWP. The names and contact information of the committee members and meetings will be made readily available to the public.

5. PUBLIC INVOLVEMENT

The system is committed to ensuring that the community is aware of and involved in the development and implementation of the LWP. The system will actively communicate the ways in which representatives of the LWC, School Wellness Committee (SWC) and others can participate in the development, implementation and periodic review and update of the LWP.

6. ACCOUNTABILITY

Triennial Assessment

At least once every three years, the School Board and the EBRPSS will assess the LWP by measuring the following:

- the extent to which the LWP meets the requirements of the final rule The final rule can be found here: (<https://www.fns.usda.gov/tn/local-school-wellness-policy>)
- the extent to which schools under the jurisdiction of the School Board are complying with the LWP
- the progress made in attaining the goals of the LWP
- the extent to which the LWP compares to model local wellness policies

The EBRPSS ensures that the LWP aligns with the Alliance for a Healthier Generation's Model Wellness Policy.

displaying notices on the EBRPSS and school websites
non-electronic mechanisms (e.g., newsletters)
presentations to caregivers and stakeholders
sending information home to caregivers

If you are interested in participating as a member of the DWC, contact, V. Silas at vsilas@ebrschools.org.

7. NUTRITION SERVICES

School Meals

The EBRPSS is the School Food Authority (SFA) responsible for the administration of one or

Guidance. The school day is defined as the midnight before to 30 minutes after the end of the school day. The system encourages schools to use fundraisers that promote physical activity (e.g., walk-a-thons, American Heart Challenge, or fun runs). [USDA Smart Snack Guide](#)

Foods and beverages may be sold at school anytime during the school day if Smart Snacks Standards are met (Refer to the Pennington List for foods that are smart snack compliant).
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before-and after-school activities and sports

Bulletin 741- Louisiana Handbook for School Administrators: §2313. Elementary Program of Studies

Each public elementary school that includes any of the grades kindergarten-eight shall provide at least 30 minutes of quality, moderate to vigorous, organized physical activity each day for all students.

The system will ensure it will meet the following goals:

The system requires that all students receive education on the benefits of physical activity. The system prohibits the use or withholding of physical activity (including recess) as a punishment during the school day and during the extended school day (including during out-of-school time and before and after school).

Teachers will provide opportunities throughout the school day for classroom physical activity that will be integrated into planned academic instruction to reinforce academic concepts and to reinforce skills learned in physical education.

Schools will provide all students with adequate and safe spaces, facilities, equipment, and supplies for recess. Students will not be excluded from recess for disciplinary reasons or academic performance.

Classroom physical activity will be offered in addition to physical education and recess at all school levels.

Classroom teachers receive resources and annual training on promoting physical activity

Student Support

The EBRPSS is committed to ensuring that the social-emotional and behavioral (SEB) needs of all students are met by ensuring:

- < an evidenced-based process for identifying students with SEB needs is in place
- < access by students to highly qualified, mental health professionals in the school setting and a pathway for connecting students to community-based providers as needed
- < school and community-based mental health providers coordinate to address students' needs

ICARE

The EBRPSS will provide research-based prevention education in the areas of alcohol, drug abuse, and violence. The system is committed to using current, local, state, and national data to address community needs and trends.

The EBRPSS will provide a crisis support team and ensure all schools have been trained in crisis protocols that provide appropriate individualized responses to student and campus needs.

School Based Health Services

EBRPSS has taken an initiative-taking approach to meeting the multiple and often-complex health care needs of the student population. This is supported by the contractual relationship with Health Centers in Schools to oversee the school nursing program, the school-based health center program and other population health initiatives.

The intent is to identify, develop and implement wellness and health initiatives district wide through the many opportunities that exist within Student Health Services. The school nurses, school-based health center staff, and other partners are an integral part of the overall success of the wellness initiatives; health professionals provide a venue for strengthening the wellness policies, as well as other school-based wellness initiatives. For the purpose of this policy, this section will not address the many roles and responsibilities of the school-based health program, but will focus on the following ways it augments the district's wellness initiatives:

- “ School-based medical providers will create a safe school environment for food-allergic students through the consistent utilization of Voluntary Guidelines for Managing Food Allergies in Schools training recommendations for teachers and cafeteria personnel. Members of the LWC will randomly and periodically monitor select schools for compliance with the Voluntary Guidelines for Managing Food Allergies in Schools as well as to ensure a workable IHP exists for food-allergic students.
- “ School-based medical and mental health staff will advocate healthier eating habits and increased physical activity by promoting the 5-2-1-0+10 concept through visual messages,

as well as using the concept as a guide for nutritional counseling for students identified with unhealthy weights.

- o Five servings of fruits and vegetables each day
- o Two hours of screen time only
- o One hour of vigorous physical activity
- o Zero sugary drinks
- o + Ten hours of sleep every night

The EBRPSS is committed to supporting the physical health needs of all students and community involvement.

Click on link to access SoP: [Wellness Policy School Based SoP](#)

Employee Wellness

The EBRPSS is committed to supporting the physical and mental health and well-being of all system employees.

Click on link to access SoP: [Wellness Policy Employee Wellness SoP](#)

12. GLOSSARY

Child and Adult Care Food Program (CACFP)

A federal program that provides reimbursements for nutritious meals and snacks served to children and youth participating in afterschool care programs, children residing in emergency shelters, and adults over the age of sixty (60) or living with a disability and enrolled in daycare facilities.

Child Nutrition Programs (CNP)

Federally funded programs aimed at providing low-income children with nutritionally balanced, low-cost, or free meals and snacks in schools, childcare centers and out-of-school time programs. These programs include the National School Lunch Program, the School Breakfast Program, the Special Milk Program, the Child and Adult Care Food Program and the Summer Foodservice Program.

Competitive Foods and Beverages

Foods and beverages are those sold outside of the federal school meals programs. They include those offered in vending machines, à la carte, school stores, snack bars, canteens, classroom parties, classroom snacks, school celebrations, fundraisers, or school meetings. These foods and beverages are required to meet science-based nutrition standards (Smart Snacks), as published by the USDA and required by the Healthy Hunger-Free Kids Act of

2010.

access to healthy food for low-income children. The law updated the meal patterns and nutrition standards for the National School Lunch Program (NSLP) and the School Breakfast Program (SBP) to align with the 2010

For example, displaying

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